

"Studying Tomorrow's Treatments Today."

Obsessive Compulsive Disorder (OCD)

Adults between the ages of 18 and 65 years old who have been diagnosed with OCD may qualify for a research study. Qualified candidates who participate will receive study-related care at no cost and receive compensation for travel.

Qualified participants include:

- Adults between 18 and 65 years of age
- Those diagnosed with OCD
- Those whose current OCD medication is not working
- Additional criteria apply



1 in 40 Adults have OCD. According to the [National Institute of Mental Health](#), lifetime prevalence of OCD among U.S. adults was 2.3%.

Currently enrolling for our Portsmouth, NH location.

[LEARN MORE](#)

Clinical Study Spotlight

Obsessive Compulsive Disorder

An anxiety disorder characterized by unwanted thoughts or fears that lead to repetitive behaviors.

Some people are aware that these thoughts and urges are irrational, but are unable to stop them.

Why Join a Study?

- 1. Help Move Research Forward** by helping discover new or better ways to:
 - a. Prevent
 - b. Diagnose
 - c. Treat
 - d. Cure
- 2. Help your Loved Ones.** If your disease/condition is hereditary, new treatments may be available for them in the future.
- 3. Access to New Treatments**

ActivMed has conducted over 750 Clinical Trials

Current and Upcoming Studies

Methuen	Beverly	Portsmouth	Lawrence
Alzheimer's	Acne	Acne	Parkinson's
COPD	Rosacea	Alzheimer's	
Depression	Psoriasis	COPD	
Kidney Disease	Future Studies	Female Hypoactive Sexual Desire Disorder (HSDD)	
Future Studies		*Vitiligo	
*Atrial-Fibrillation		Psoriasis	
*Diabetes			*Upcoming Studies

Clinical research studies can be a great opportunity for people to receive medical services at no cost and to learn more about their medical condition. Volunteers in medical research studies, in most cases, are compensated for their time and travel commitments in the form of a stipend. At ActivMed, we ensure volunteering is a positive experience for every participant.

For More Information about our studies click here.

[LEARN MORE](#)

Spring is in the Air!

"You can find magic wherever you look. Sit back and relax, all you need is a book." ~Dr. Seuss



Keep Moving!

Gardening is a great way to get outside and be active!

Are you daydreaming about lush green leaves, bright flowers, and warm sun on your face? *Spring is almost here!* Many of us can't wait to get our gardening gloves on and get digging!

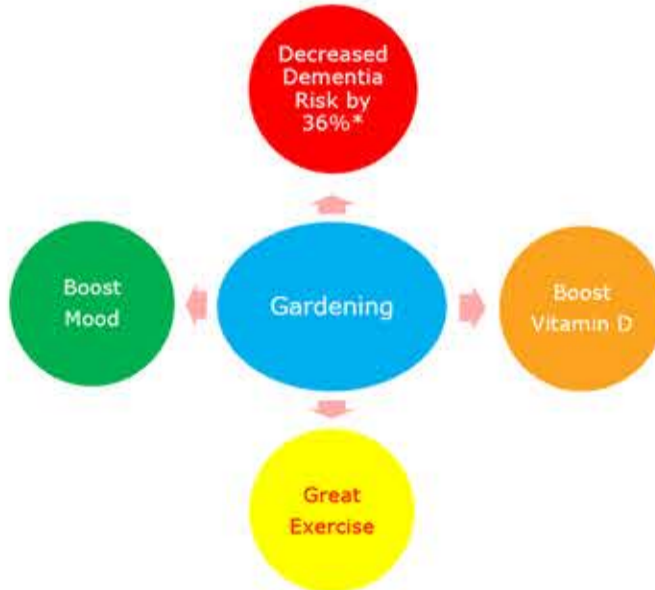
Before it's time to play in the dirt, spend some time **planning your garden.**



What will you be planting? Flowers, vegetables, herbs, or a variety? Is your garden outdoors in the ground? In containers, or inside? Another thing to consider, is whether you will use seeds or starter plants.

Some plants can be started early indoors, and moved outside after the last frost. Others can wait to be planted directly in the ground. Whatever you plant, **timing is everything!** To find the best dates to plant and harvest in your area follow the link [here](#).

Healthy Benefits of Gardening:



*<https://www.ncbi.nlm.nih.gov/pubmed/16411871>



HEALTHY BITES

RECIPES FOR HEALTHY LIVING



Whether you are going green for St. Patrick's Day, or anxious for Spring, try blending up a Green Smoothie, for your health!



- 1 ½ Cups of Fruit (fresh/frozen)
- +
- 1 Cup of liquid (cold water)
- +
- 1 Cup of Greens (spinach/kale)

The gals over at [Simple Green Smoothies](#), have created a customizable formula to help you blend up your own combinations of the fruit and veggies you love.

Their website also has recipes and tips for smoothie success.

Contact Us

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